



August 2009 -Smarty Pants Playschool Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2</p> <p>Eric Carle</p> 	<p>3</p> <p>B: Waffles & Fresh Fruit MS: Lady Bug Apples (w/pb & raisins) L: Corn Dogs, Tator Tots & Watermelon AS: Cucumbers & Crackers</p>	<p>4</p> <p>B: Oatmeal & Bananas MS: Hermit Crab Houses (crackers & pb) L: Spaghetti & Salad AS: Cheerios & Yogurt</p>	<p>5</p> <p>B: Bagels & Oranges MS: Seeds (sunflower & pumpkin) L: Pepperoni Pizza, Salad & Applesauce AS: PB & J</p>	<p>6</p> <p>B: Banana Bread & Melon MS: Blueberry Caterpillars (celery w/cc & bb) L: Beef Tacos, Corn & Beans AS: Cottage Cheese & Tomatoes</p>	<p>7</p> <p>B: Cold Cereal & Apples MS: Spiders (Ritz crackers, pb & raisins) L: Ham & Cheese Sandwiches, Carrots & Cucumbers AS: "Leftovers"</p> 	<p>8</p> 
<p>9</p> <p>Allie Alligator</p> 	<p>10 Africa </p> <p>B: Uji (Millet Porridge) & Bananas MS: Mbatata (Sweet potato cookies) L: Chicken Couscous & Fruit Salad AS: Injera (Ethiopian Flat)</p>	<p>11</p> <p>B: Eggs, Toast & Oranges MS: Writing a's in applesauce w/ Grahams Crackers L: Tuna Sandwiches, Mashed Potatoes & Apples AS: Cottage Cheese & Tomatoes</p>	<p>12</p> <p>B: Cold Cereal & Oranges MS: Pancakes, Pancakes L: Mac n' Cheese, Green Beans & Peaches AS: Apples & Peanut Butter</p>	<p>13</p> <p>B: Oatmeal & Bananas MS: <i>Lauryn's Birthday Treat</i> L: Chicken Nuggets, Broccoli w/ Cheese & Fresh Fruit AS: Cheerios & Bananas Happy 3rd Birthday Lauryn! </p>	<p>14 /a/ day</p> <p>B: <u>A</u>pplejacks & <u>A</u>pples MS: <u>A</u>nts on a Log L: <u>A</u>lphabet Chicken Soup & <u>A</u>pplesauce AS: <u>A</u>vocado Toast</p>	<p>15</p> 
<p>16</p> <p>Bubba Bear</p> 	<p>17 /b/ day</p> <p>B: <u>B</u>agels w/ <u>b</u>utter & <u>B</u>ananas MS: <u>B</u>oiled Eggs L: <u>B</u>ologna Sandwiches, <u>B</u>ell Peppers & <u>B</u>erries AS: <u>B</u>lue <u>B</u>erry Muffins</p>	<p>18 Brazil </p> <p>B: Toast & Papaya MS: Cashews & Pineapple Juice L: Feijoada (Brazilian Black Beans w/pork), Rice & Collard Greens AS: Brazileiras (coconut cookies)</p>	<p>19</p> <p>B: Waffles & Fresh Fruit MS: Writing b's in banana pudding w/ Grahams Crackers L: Corn Dogs, Tator Tots & Applesauce AS: PB & J</p>	<p>20</p> <p>B: Banana Bread & Melon MS: Bear Dig (Teddy Grahams & Chocolate Pudding) L: Spaghetti & Salad AS: Apples & Peanut Butter</p>	<p>21</p> <p>B: Oatmeal & Bananas MS: Beehive Treats (Rice Krispy Treats) L: Beef Tacos, Corn & Beans AS: "Leftovers"</p> 	<p>22</p> 
<p>23</p> <p>Catina Cat</p> 	<p>24</p> <p>B: Cold Cereal & Bananas MS: Cat Eyes (Ritz, pb, bananas & raisins) L: Chicken Nuggets, Broccoli w/Cheese & Peaches AS: Cucumbers & Crackers</p>	<p>25 /c/ day</p> <p>B: <u>C</u>heerios & <u>C</u>antaloupe MS: <u>C</u>ream <u>C</u>heese & <u>C</u>elery L: <u>C</u>orndogs w/<u>C</u>arrots & <u>C</u>ucumbers AS: <u>C</u>ottage <u>C</u>heese & <u>C</u>rackers</p>	<p>26 China </p> <p>B: Congee (Rice Porridge) & Star Fruit MS: Egg Rolls L: Sweet & Sour Chicken w/ Fried Rice & Fruit Salad AS: Mango Pudding</p>	<p>27</p> <p>B: Oatmeal & Bananas MS: Ants on a Log L: Mac n' Cheese, Green Beans & Peaches AS: Cowboy Cookies: Making c's with cookie dough</p>	<p>28</p> <p>B: Eggs, Toast & Oranges MS: Applesauce & Graham Crackers L: Pepperoni Pizza & Salad AS: Ice Cream Cone Clowns</p>	<p>29</p> 
<p>30</p> <p>Deedee Deer's</p> 	<p>31</p> <p>B: Dinosaur Dig (Oatmeal & Apples) MS: Boiled Eggs & Crackers L: Ham & Cheese Sandwiches, Carrots & Melon AS: Cheerios & Bananas</p>	<p style="text-align: center;">Breakfast is served with 1% milk. Morning snack is served with 100% fruit juice. Lunch is served with 1% chocolate oatmeal milk. Afternoon snack is served with water or they can finish their milk from lunch. Children are limited to 16 oz. of milk & 6 oz. of juice per day.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>				