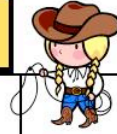










# June 2009 -Smarty Pants Playschool Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <b>Rainy Days</b> 	<b>1</b> <b>B:</b> Blueberry Muffins & Oranges <b>MS:</b> <b>Rainbow</b> Bananas & Pretzels <b>L:</b> Spaghetti Dogs w/Melon & Beets <b>AS:</b> Ants on a Log	<b>2</b> <b>B:</b> Bagel w/ cc & Banana <b>MS:</b> PB&J with <b>Umbrellas</b> <b>L:</b> Mac n' Cheese, Green beans & Peaches <b>AS:</b> Yogurt & Cheerios	<b>3</b> <b>B:</b> Waffles & Strawberries <b>MS:</b> <b>Rainbow</b> Applesauce & Graham Crackers <b>L:</b> Tuna Sandwich, Sweet Potato French Fries & Apples <b>AS:</b> Celery Spinners (ham & cc)	<b>4</b> <b>Magik Show</b>  <b>B:</b> Oatmeal & Bananas <b>MS:</b> Pretzels & Apples <b>L:</b> Sack Lunch : Turkey Sandwiches, Carrots & Oranges <b>AS:</b> Cucumbers , Crackers & Hummus	<b>5</b> <b>B:</b> Cold Cereal & Fresh Fruit <b>MS:</b> <b>Rainbow</b> Muffins (EM w/ cc & sprinkles) <b>L:</b> Cheese Crisps, Refried beans & Corn <b>AS:</b> Oranges & Pretzels	<b>6</b> 
<b>7</b> <b>Western Days</b> 	<b>8</b> <b>B:</b> Cold Cereal & Oranges <b>MS:</b> Pretzels & Craisins <b>L:</b> <b>BBQ Beef</b> Sandwiches, Baked Beans & Corn <b>AS:</b> Apples & Peanut Butter	<b>9</b> <b>Water Day!</b>  <b>B:</b> Waffles & Strawberries <b>MS:</b> Frozen Yogurt & Watermelon <b>L:</b> Pepperoni Pizza, Salad & Pineapple <b>AS:</b> <b>Biscuits &amp; Honey</b>	<b>10</b> <b>B:</b> Banana Bread & Melon <b>MS:</b> <b>Trail Mix</b> <b>L:</b> Mac n' Cheese, Green Beans & Peaches <b>AS:</b> Cucumbers, Crackers & Ranch	<b>11</b> <b>B:</b> Bagel w/ cc & Banana <b>MS:</b> Cold Cereal <b>L:</b> Hot Dogs, Watermelon, <b>Cowboy Beans &amp; Cornbread</b> <b>AS:</b> Crackers & Applesauce	<b>12</b> <b>Children's Museum</b>  <b>B:</b> Eggs, Toast & Oranges <b>MS:</b> <b>Beef Jerky</b> & Dried Fruit <b>L:</b> Sack Lunch : Turkey Sandwiches, Carrot Sticks & Oranges <b>AS:</b> Pineapple & Cottage Cheese	<b>13</b> 
<b>14</b> <b>Caterpillar to Butterfly</b> 	<b>15</b> <b>Flag Day</b>  <b>B:</b> Eggs, Toast & Oranges <b>MS:</b> <b>Flavorful Flags</b> (graham crackers w/pb & sprinkles) <b>L:</b> Chicken nuggets, Broccoli & Cheese & Pears <b>AS:</b> Applesauce & Crackers	<b>16</b> <b>B:</b> Cold Cereal & Apples <b>MS:</b> <b>Butterfly Toast</b> (toast, pb, celery & raisins) <b>L:</b> Pepperoni Pizza & Pineapple <b>AS:</b> Cucumbers, Crackers & Ranch	<b>17</b> <b>Water Day!</b>  <b>B:</b> Bagel w/ cc & Banana <b>MS:</b> Watermelon & Pretzels <b>L:</b> Hot Dogs, Baked Beans & Corn <b>AS:</b> Apples & Peanut Butter	<b>18</b> <b>B:</b> Oatmeal & Apples <b>MS:</b> Frozen Yogurt <b>L:</b> Mac n' Cheese, Green beans & Peaches <b>AS:</b> <b>Father's Day Cookies</b>	<b>19</b> <b>B:</b> Waffles & Oranges <b>MS:</b> Pretzels & Craisins <b>L:</b> Lasagna & Salad w/ranch <b>AS:</b> Cheerios & Fruit	<b>20</b> 
<b>21</b> <b>Happy Father's Day!!</b> 	<b>22</b> <b>Soccer at Santa Rita</b>  <b>B:</b> Oatmeal & Bananas <b>MS:</b> Pretzels & Apples <b>L:</b> Sack Lunch : Turkey Sandwiches, Veggie Sticks & Oranges <b>AS:</b> Cold Cereal	<b>23</b> <b>B:</b> French Toast & Oranges <b>MS:</b> <b>Zippy Butterfly Drinks</b> (smoothies) <b>L:</b> Mac n' Cheese, Green beans & Peaches <b>AS:</b> <b>Carrot Cake</b> <b>Happy Birthday Mack!</b> 	<b>24</b> <b>B:</b> Eggs, Toast & Oranges <b>MS:</b> Pretzels & Craisins <b>L:</b> Spaghetti & Zucchini sticks <b>AS:</b> <b>Banana Pops</b> (chocolate & pecans)	<b>25</b> <b>B:</b> Cold Cereal & Apples <b>MS:</b> Fruit <b>Caterpillar Kabobs</b> <b>L:</b> Chicken nuggets, Broccoli & Cheese & Pears <b>AS:</b> Applesauce & Crackers	<b>26</b> <b>Paint Bar/Museum</b>  <b>B:</b> Oatmeal & Bananas <b>MS:</b> Graham Crackers & Apples <b>L:</b> Sack Lunch : Turkey Sandwiches, veggie sticks & oranges <b>AS:</b> <b>Edible Sparklers</b> (Pretzels, frosting & Pop Rocks)	<b>27</b> 
<b>28</b> <b>29/30</b>	<b>Closed for Summer Break!</b> 			Breakfast is served with 1% milk. Morning snack is served with 100% fruit juice. Lunch is served with 1% chocolate ovaltine milk. Afternoon snack is served with water or they can finish their milk from lunch. Children are limited to 16 oz. of milk & 6 oz. of juice per day. 		