



December 2007 -Smarty Pants Playschool Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 B: Cold cereal with bananas MS: Zucchini bread & oranges L: Chicken fettuccini , broccoli & peaches AS: Cucumbers & dill yogurt	4 B: French toast sticks with real maple syrup & oranges MS: Animal crackers & yogurt L: Beef tacos, Spanish rice & pears AS: Rice Cake Snowman & carrots	5 B: Apple raison oatmeal MS: Small Bagel w/cream cheese & fruit juice L: Tuna Sandwich, sweet potato French fries & apples AS: Peanut butter & jelly sandwich	6 B: Snowman pancakes with bananas and raisons MS: Peanut butter play dough & coconut L: Homemade Chili with corn-bread & oranges AS: Soft pretzels with cheese	7 B: Blueberry Muffins MS: pretzels, craisons and fruit juice L: Pepperoni pizza with cottage cheese and veggies sticks AS: Oatmeal cookies and apple slices	8
9	10 B: Apple raison oatmeal MS: Fruit dippers & yogurt L: Mac n' cheese, green beans, peaches & cottage cheese AS: Ants on a log	11 B: Bagel, scrambled eggs & oranges MS: Graham crackers & apple-sauce L: Chicken nuggets, rice w/ peas & carrots & pears AS: Gingerbread cookies & bananas	12 B: Blueberry pancakes MS: Frozen go-gurt with cheerios L: Cheese crisps, refried beans, corn & pineapple AS: Rice cakes, peanut butter & bananas	13 B: Banana bread & cantaloupe MS: Pretzels, craisons & fruit juice L: Spaghetti, zucchini sticks & oranges AS: Cheese sticks & pretzels	14 B: Cold cereal & bananas MS: Goldfish crackers & apple-sauce L: Grilled cheese w/tom soup, cantaloupe & cottage cheese AS: Veggie sticks & hummus	15
16	17 B: French toast sticks with real maple syrup & oranges MS: Animal crackers & yogurt L: Beef tacos, Spanish rice & pears AS: Peanut butter & jelly sandwich	18 B: Cold cereal with bananas MS: Zucchini bread & oranges L: Chicken fettuccini , broccoli & peaches AS: Cucumbers & dill yogurt	19 B: Blueberry Muffins MS: Peanut butter play dough & cheerios L: Homemade Chili with corn-bread & oranges AS: Soft pretzels with cheese	20 B: Apple Raison Oatmeal MS: English muffin & fruit juice L: Tuna Sandwich, sweet potato French fries & apples AS: Veggie sticks & hummus	21 B: Bagel, scrambled eggs & oranges MS: Graham crackers & apple-sauce L: Chicken nuggets, rice w/ peas & carrots & pears AS: cheese sticks & pretzels	22
23	24 <i>Christmas Break</i>	25 <i>Christmas Break</i>	26 <i>Christmas Break</i>	27 <i>Christmas Break</i>	28 <i>Christmas Break</i>	29
30	<i>Christmas Break</i>	<div style="border: 1px solid black; padding: 10px; background-color: #f0f0f0;"> <p>Every breakfast and lunch will be served with whole milk. One snack will be served with 100% fruit juice and the other will be served with water.</p> </div>				29