



# Menu December 2008 -Smarty Pants Playschool



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Winter



**1**  
**B:** Oatmeal & Oranges  
**MS:** **BANANA BLIZZARDS** (Banana Smoothies)  
**L:** Tuna Sandwich, Sweet Potatoes & Apples  
**AS:** Pretzels & Cheese

**2 B:** Yogurt w/ Fresh Fruit & Granola  
**MS:** **SNOW CREAM** (Snow Slushies & Graham Crackers)  
**L:** Turkey Sandwich, Cucumbers & Melon

**3**  
**B:** Blueberry Muffins  
**MS:** **HOT CHOCOLATE** & English Muffins  
**L:** Cheese Crisps, Refried Beans & Corn  
**AS:** Apples & Peanut Butter

**4 B:** Malt-o-Meal & Oranges  
**MS:** **Peanut Butter SNOWBALLS** (Peanut Butter Play dough rolled in Coconut)  
**L:** Beef Tacos w/ Cheese, Lettuce, Tomato & Beans  
**AS:** P B & J

**5**  
**B:** **SNOWBALL** Pancakes & Bananas  
**MS:** Mandarin Orange Salad  
**L:** Pepperoni Pizza & Salad w/ Ranch  
**AS:** Yogurt & Cheerios

6



7  
Gingerbread



**8**  
**B:** Waffles & Fresh Fruit  
**MS:** **Gingerbread Graham Crackers** & Applesauce  
**L:** Lasagna & Salad w/ranch  
**AS:** Ants on a Log

**9**  
**B:** Eggs, Toast & Oranges  
**MS:** Goldfish crackers & Apples  
**L:** Chicken nuggets, Broccoli & Cheese & Pears  
**AS:** **Gingerbread Cookies** & Bananas

**10**  
**B:** **Gingerbread Muffins** & Oranges  
**MS:** Pretzels & Cheese  
**L:** Mac n' Cheese, Green beans & Peaches  
**AS:** Peanut Butter Roll Ups & Bananas (Flour Tortillas)

**11**  
**B:** Oatmeal & Apples  
**MS:** **Gingerbread Houses** (Graham Crackers & Cereal)  
**L:** Grilled Ham & Cheese, Peas & Carrots & Tomato Soup  
**AS:** Apples & Cheese

**12**  
**B:** Bagel w/ cc & Fresh Fruit  
**MS:** **Gingerbread Toast**  
**L:** Spaghetti & Zucchini sticks  
**AS:** Cucumbers. Saltines & Hummus

13



14  
Christmas



**15**  
**B:** Cold cereal & Apples  
**MS:** **Bagel Wreaths** w/green cream cheese  
**L:** Chili w/ Cornbread & Applesauce  
**AS:** Rice pudding & Bananas

**16**  
**B:** French Toast & Oranges  
**MS:** **Reindeer Sandwiches** (PB & Honey w/ cherries & pretzels)  
**L:** Hot Dogs w/Baked Beans & Corn  
**AS:** Apples & Peanut Butter

**17**  
**B:** Oatmeal & Bananas  
**MS:** Pretzels & Craisins  
**L:** Tuna Sandwich, Sweet potato French fries & Apples  
**AS:** **Christmas Sugar Cookies** & Bananas

**18**  
**B:** Yogurt w/ Fresh fruit & Granola  
**MS:** **Sugar Plums** & English Muffins  
**L:** Lasagna & Salad w/ranch  
**AS:** P B & J

**19**  
**B:** Blueberry Muffins & Oranges  
**MS:** **Reindeer Chow** (Shredded Wheat, Pretzels, Craisins & Carrot)  
**L:** Turkey Sandwich, Cucumbers & Melon  
**AS:** Ritz Crackers & Cheese

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**22**  
 Closed  
 Christmas Break



**23**  
 Closed  
 Christmas Break



**24**  
 Closed  
 Christmas Break



**25** Merry Christmas



**26**  
 Closed  
 Christmas Break



27

28  
Snow




**29**  
**B:** **SNOWMAN** Pancakes & Bananas  
**MS:** Pretzels & Craisins  
**L:** Mac n' Cheese, Green beans & Peaches  
**AS:** Ants on a Log

**30**  
**B:** Blueberry Muffins  
**MS:** **SNOWMAN** Rice Cakes  
**L:** Pepperoni Pizza & Salad w/ Ranch  
**AS:** Yogurt & Crackers

**31**  
**B:** Malt-o-Meal & Oranges  
**MS:** **SNOWMAN** Toast  
**L:** Beef Tacos w/ Cheese, Lettuce, Tomato & Beans  
**AS:** Peanut Butter Roll ups &

Every breakfast and lunch is served with 1% milk. Morning snack is served with 100% fruit juice. Afternoon snack is served with water or they can finish their milk from lunch. Children are limited to 16 oz. of milk & 6 oz. of juice per day.



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